

Light and Bright

Lumixyl provides a non-toxic, non-irritating solution to dark spots, says Mariel Chow.

Dark spots, sun-spots and pigmentation are not appealing. Asian skin is extremely susceptible to hyperpigmentation and melasma. While skin treatments such as lasers and IPL will help, we need to maintain their positive effects with a good homecare regimen. With the Lumixyl Brightening System, all patients with skin discoloration will be able to benefit from lighter, brighter and healthier skin. We ask aesthetics physician, Dr. Lo Kok Wai, to explain how Lumixyl works and why the system has been a great addition to his clinic.



Dr. Lo Kok Wai says that the Lumixyl Brightening System, being a total cleanser, brightener and sunscreen system, has definitely simplified patient care.

WHAT IS LUMIXYL?

Dr. Lo Kok Wai: The Lumixyl Brightening System is a comprehensive homecare system that was developed by dermatological researchers at Stanford University. Lumixyl has been proven by studies to promote the reduction of melanin, yielding a blended, more even and brighter complexion for all skin types. Lumixyl is efficacious in treating melasma, post-inflammatory hyperpigmentation, sun-spots and age-spots, photodamage, and pigmentation caused by systemic disease or prescription drugs. In addition to the treatment of multiple skin discoloration, it is non-irritating, non-toxic, safe for all skin types and prolonged use and is easily degraded by the skin. Lumixyl also has a luxurious, moisture rich texture that will stabilise and not lose its potency or turn brown after being opened. The Lumixyl homecare system provides a complete treatment for unwanted discoloration. It has patented cleansing, exfoliating and protective technologies for the management of many skin related problems common in this part of the region.

The Lumixyl Brightening System includes:

- The **Active Prep Cleanser** which is one of the most advanced antioxidant cleansers available. It has the ability to disrupt oxidative stress that may exacerbate the production of melanin.
- The **GlycoPeel 10 or 20** with concentrated amounts of glycolic acid to exfoliate dark spots already on the surface of the skin. Apart from this, the exfoliator also has the ability to bring pigmented cells to the surface to increase overall brightening as well.
- The **Brightening Cream** contains proprietary Lumixyl peptide that can reduce melanin production by up to 40 percent and effectively reduces dark spots. The Brightening Cream is also free of hydroquinone and is



non-irritating which is great for patients suffering from sensitive skin. Lumixyl can be used over a long period without fear of ochronosis or bluish black discoloration of the skin caused by overexposure to hydroquinone.

- The **Moisture Lock Sunscreen** is a physical sun block with micro-ionised titanium dioxide that runs clear after application. It contains symhelios 1301 to help protect against toxicities caused by UVB rays.

HOW HAS THE LUMIXYL BRIGHTENING SYSTEM BENEFITED YOU AS A DOCTOR?

As a doctor in this part of the region, I am constantly treating patients with hyperpigmentation and melasma. Back then, I was regularly worried about ochronosis associated with hydroquinone and other phenol group bleaching agents until I discovered Lumixyl. It was amazing how this homecare system was not only non-irritating, but also very effective in treating skin discoloration efficiently without any side-effects. Apart from that, I really like that it's a complete homecare system. The whole system comes with a cleanser, brightening cream and sunscreen. With Lumixyl, patients don't have to spend too much time looking for different products to suit their skin type. In other words, it has definitely simplified patient care.

HOW DO LUMIXYL PRODUCTS COMPLEMENT OTHER BRIGHTENING OR LIGHTENING TREATMENTS? AND HOW HAVE THEY BENEFITED YOUR CLINIC AS A WHOLE?

I have to say that Lumixyl is the most important part of any of my whitening treatments. I always insist that all patients seeking brightening therapies begin topical application before and after all procedures whether they are chemical peels, IPL, or even lasers. In my clinic, I have the Lumixyl Brightening System sitting prominently on my shelves. I want my patients to be able to see the product as I am very happy to share its benefits with all of them. I have to say that it has definitely benefited me and my clinic because it's a great complementary product for all patients seeking brighter and lighter skin. Last but not least, because it's non-toxic and non-irritating, I don't have to worry about patients with sensitive skin. With the Lumixyl Brightening System, everyone can benefit.

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A patient before and after using the Lumixyl Topical Brightening System.